



Truro Public Library

FOOTNOTES

from the Truro Public Library
P.O. Box 357, 7 Standish Way, No. Truro, MA 02652

Winter Issue, 2010

*FOOTNOTES is issued three times a year. Issues are distributed to all Truro and North Truro box holders. Copies are available in the Library and Truro Central School; and at the Chamber of Commerce in the summer. We hope that you'll keep the issues handy to remind you of library and town events. Many thanks to **The Friends of the Truro Library** for underwriting the cost of producing FOOTNOTES and to **Seamen's Bank** for its contribution.*

Trekking Nepal with Jay Vivian

Wednesday morning, February 10, Truro resident and veteran trekker Jay Vivian will share his photographs and experiences exploring Nepal. In his presentation, Jay will describe his recent trip to this fascinating country high in the Himalayas including glacier-walking, yak stew, looking for tigers and wild boars, and a blizzard-aborted attempt to reach the upper Nar Phu valley near Tibet. This presentation is sponsored by the Friends of the Truro Library. All are invited to come for coffee at 9:30 a.m.; Jay's presentation starts at 10 a.m.

Researching your Family's History

Wednesday evening, February 3, Janis Duffy, Reference Supervisor at the Massachusetts State Archives in Boston will present an overview of the Archives' holdings that are useful to family historians. The Archives' collection dates from the beginning of the Massachusetts Bay Colony in 1628 and includes birth, marriage and death records; naturalization and probate records; passenger lists; passport applications; census records; registers for poor relief; Revolutionary and Civil War records – and more – as well as a number of online databases. Whether you are a beginner or experienced genealogist or just interested in how it's done, this program will provide valuable information on resources you may not know about and how to access them. Program starts at 6:30 p.m. All are welcome.

4-H Babysitting Course

Once again we are offering the ever-popular 4H Babysitting Course during the school's winter break. This year the sessions will run Tuesday, Feb. 16 through Friday, Feb. 19 from 1-3 p.m. with graduation and certification at 3 p.m. on Friday. Sessions include child safety, first aid and emergencies, stages of child development, feeding babies and children, discipline and entertainment, and the business of babysitting. There is a \$3.00

charge for this course and you must be 11 years old or older to participate. Pre-register by calling the library (508-487-1125).

Eleanor Meldahl: The Art of Zen Buddhism

The art Buddhist monks created to aid meditation is sublimely beautiful. In this illustrated presentation, art historian and Truro resident Eleanor Meldahl will describe Zen art from its beginnings in China to its practice in Japan on Tuesday afternoon, February 9 at 2:30 p.m. Meldahl taught art history for twenty-five years and is a frequent lecturer on the Lower Cape. She studied the origins of Buddhism and its expression in art while living and teaching in Japan.

Introduction to Alternative Medicine

Have you ever wondered if “alternative medicine” is right for you, or appropriate for treating the kind of symptoms you have? The term “alternative medicine” is a catch-all for many healing modalities – whole systems and simple techniques alike – but what is it besides NOT being mainstream medicine? In this introductory program, Sue Larkin and Melissa Nussbaum will explore just what “alternatives” alternative medicine has to offer. Drawing from their expertise and clinical practice as licensed acupuncturists and certified zero balancers, they will use an ancient system and a new technique to suggest new ways of experiencing health and dis-ease. All are welcome on Wednesday evening, February 17 at 6:30 p.m.

Feltmaking: Winter Tree Workshop

This creative and entertaining workshop for both children (over 7 please) and adults will be held on Saturday, January 30 from 10-11:30 a.m. Beginning with combed dyed wool, participants will learn the basic techniques of how to create needle felted images both to take home and to add to a wall hanging. The finished piece will be displayed in the children’s room at the library and will be changed with the seasons. Fiber artist Janice Redman will lead this hands-on process. Please sign up by calling the library at 508-487-1125. *This program is supported in part by a grant from the Truro Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency.*

Card Making Workshop

Valentine’s Day is just around the corner and we’re well stocked with card making materials! Join Maggie and friends Saturday morning, February 6 from 10 till 11:30 a.m. and create Valentines and other cards to give. Suitable for all ages.

Inside look at the Apollo Space Program

Join Dan Sanders, a physicist by education and training, on Wednesday, March 3 at 6:30 p.m. and learn the inside story of the Apollo space program from someone who worked on the project in its heyday. Well-known as a storyteller and researcher of Cape Cod history, Sanders is a native Cape Codder and lives in Truro. He is president of the Cape Cod Highland Light and is active in the Truro Historical Society.

Afghanistan in the '60s

Rosalind Pace and Linton Watts will present an illustrated program on Afghanistan in the 1960's on Wednesday, March 10 at 6:30 p.m. All are welcome.

Truro Library Book Group

The Truro Library Book Group meets year-round at 6:30 p.m. on the last Wednesday of each month. The group is very informal, decides the book for the following month at each meeting (fiction and non-fiction), and participation varies month by month. Copies of the current month's selection are available at the library. Discussions are always lively, occasionally controversial, and everyone has a good time. We welcome new participants at any time. For additional information, call Sharon Sullivan at 508-487-1125 or inquire at the Circulation Desk about this month's selection. The title for January 27 is *The Sun Also Rises* by Ernest Hemingway.

The Library is very willing to establish and coordinate additional book groups. One or more groups with a particular interest (history, biography, the classics, literary fiction, mysteries, etc.) are a possibility. If you are interested in participating or discussing this further, please call Sharon Sullivan at 487-1125.

Library Website Redesigned

We've redesigned our website! There's a new calendar of events, this newsletter is now available on the site and we'll soon be blogging! Let us know how you like it—and if there are things you'd like to see that aren't there now. The site address is the same—<http://www.trurolibrary.org>.

Tuesday Afternoon Book Group

The Tuesday Afternoon Book Group meets at 1:00 p.m. on the first Tuesday of each month. New members are most welcome at this friendly, informal gathering. Copies of the current month's selection are available at the library. The selection for February 2 is *Giants: The Parallel Lives of Frederick Douglass and Abraham Lincoln* by John Stauffer.

Storytelling Workshops with Dan Lynch

Save the third Tuesday of the month at 11:00 a.m. for Storytelling Workshops with Dan Lynch, co-sponsored with the Truro Council on Aging. Dan keeps the oral tradition alive with folk tales as well as historical and mythological tales and tells stories from around the world. This is a gathering to swap stories so come with one to share or a pair of ears to listen. Call the COA if you need transportation to the library (508-487-2462).

Looking for some assistance...

Do you have a few hours a week to spare? The library has openings for volunteers to help us read shelves, shelve materials, and make new materials shelf-ready. Maybe you're interested in helping to arrange programs and presentations or in teaching others basic computer use or how to access the Internet. Perhaps you have an interest in local history. Schedules can be very flexible. If you're interested or would like more information, please contact Meg at the library (508-487-1125).

Books Down Under

Books Down Under, FOTL's year-round used bookstore is open for business during regular library hours, and it is self-serve. We sell donated books, books on cassette as well as CD, DVDs and VHS formats for all ages. Please feel free to donate books any time the library is open and come and shop while you're here. If you have a LARGE number of books to donate, please call Pat Wheeler @ 508-487-4408 to arrange for assistance. We are currently a little low on children's books, so we would appreciate donations! Please remember that all the books need to be in good condition, with no text books, condensed books, or magazines. Thanks for supporting us this year. We look forward to seeing you downstairs at the library.

Museum Passes Available

The library is pleased to announce the availability of the following museum passes for this year:

Cape Cod Museum of Art
Cape Cod Museum of Natural History
Cahoon Museum of American Art
Museum of Fine Arts (Boston)
Pilgrim Monument and Provincetown Museum

We are most grateful to the Friends for making passes to the CC Museum of Natural History and the Museum of Fine Arts (Boston) available to our patrons.

Mango Languages Expands Offerings

Are you planning a trip overseas or have a desire to learn a foreign language? Your library subscribes to Mango Languages, an online learning tool which teaches how to speak foreign languages as well as English as a second language. And now the courses come in two formats – a new abbreviated version called “Mango Basic” and the standard version. The language lessons are conversational, related to travel and everyday topics. These lessons are free of charge to holders of Truro library cards. Our subscription includes Brazilian Portuguese, French, German, Italian, Russian, and Spanish. Access is easy – just select the Mango icon on the home page of our website (www.trurolibrary.org).

Truro Tots Playgroup

This free activity which meets at the library every Monday from 9 to 11 a.m. is provided for children aged birth through 3 years, accompanied by their parent or caregiver, and is funded by the Massachusetts Department of Early Education and Care, administered by the Cape Cod Children's Place. For information, please contact Maggie Hanelt (508-487-2693).

***Knit or Knot* Thursday afternoons**

Get those needles and hooks ready! Do you knit or crochet? Looking for company while you embroider or perhaps quilt? Come to the library on Thursday afternoons and join a

group that's been meeting informally to knit, crochet, and do other needlework. *Knit or Knot* meets on the lower level from 4:00 to 6:00 p.m. All are welcome

Gaming at the Library

Circle the first and third Saturdays and the second and fourth Thursdays of each month and join your friends and neighbors for some stimulating games. Our Wii electronic game will be set up in the Community Room at the library at 12:30 p.m.; there is also a large selection of board games. Suitable for all ages.

John Carbone's Tuesday at the Movies

Looking for something to do on Tuesday afternoons? Join your friends and neighbors at 1:30 p.m. at the Truro COA for a movie co-sponsored by the library. Closed captioning is often available; call in advance so it can be set up. Popcorn and coffee are served. Call the COA for information on the movie and to arrange transportation if needed (508-487-2462). Open to all.

Angel Tree Brings Clothing and More to Lower Cape Children

FOTL once again partnered with the Homeless Prevention Council in Orleans to collect clothing items for the children of local HPC clients. This year FOTL's Angel Tree bore angels representing 90 children on the Lower Cape, a significant increase over the roughly 50 on last year's tree. All 90 angels were "adopted" within a week and a half and the packages which came in for these children held far more than the hats, mittens and scarves that were requested! Nearly every package contained additional clothing, toys, games and/or books. Many thanks to all those very generous members of this community for helping to make the holidays special for these 90 children.

Used Ink Jet Cartridge Recycling Program

The Student Council of the Truro Central School is collecting used ink jet cartridges. This program, which will run through the first week of May, is being undertaken to help the environment, the school and the community. There is an "Empties4Cash" collection box at the library for your convenience.

Thursday Morning is Story Time

Calling all tots and preschoolers! There's a story hour at the library each Thursday morning starting at 10:30. Come and join Maggie and friends for an hour or so of stories, songs and crafts.

Thankful Tree

Each fall a “Thankful Tree” is put up in the Children’s Room . These children are grateful for:

Carly – My friends, family and my brother

Jane – I am thankful for my life

Nora – Bats

Carmen – I am thankful for my brother

Tim – Dogs

Ruby – I am thankful for our bodies

Anneliese – My family and friends

Jack – My family

R. – Cousins

Anonymous – I like bunnies

Anonymous – My cats

And we are grateful for the help and support of the community in making the Halloween Party and all the other family programs so very successful

For the latest information on library programs and events, visit *the library’s* redesigned web site (<http://www.trurolibrary.org>).